

For Immediate Release

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**CARRBORO FARMERS' MARKET PROVIDES YOUNG GARDENERS WITH SEEDLINGS AT  
KIDS' SEEDLING DAY ON EARTH DAY, SATURDAY, APRIL 22ND**

*Kids start their gardens with a free tomato seedling donated by Carrboro Farmers' Market farmers with potting soil from Fifth Season Gardening Company - plus a special poetry activity with Carrboro's Poet Laureate.*

APRIL 14TH, 2023 - CARRBORO, NC - The Carrboro Farmers' Market will kick off the spring gardening season with Kids Seedling Day on Saturday, April 22nd. Kids will get to pick a seedling of their choice and plant it in a cup to take home. This year's tomato seedling varieties include sungolds, cherry tomatoes, and more - including some surprises. The event will also feature live music from the Triangle Sax Ensemble. Kids Seedling Day is made possible by generous support from Fifth Season Gardening Company in Carrboro.

Starting at 8:30am until the seedlings run out, kids can come by the Market gazebo to choose and plant their own tomato seedling. To help the seedlings get well on their way to a life of juicy delicious fruit bearing, Fifth Season will be providing potting soil for the pots as well as growing tips and useful information for new gardeners. Kids can also decorate a label for their seedling, then find and thank the farmer that donated it. Fifth Season will also be raffling off a 50 gallon rain barrel!

April is also National Poetry Month! Kids Seedling Day will feature Carrboro's Poet Laureate, Liza Wolff-Francis, and Members of the Poets Council for a special poetry activity to help celebrate Earth Day. Kids can help write a community poem about things they live about the Earth and the CFM.

Over the years, hundreds of young gardeners have become proud owners of local tomato seedlings at this event, and it has become an annual tradition for many local families. While the CFM was not able to host special events for the past two years, we are excited to kick off our spring season with this beloved community event.

Kids are also invited to our Wednesday market, which starts in April, for kids activities every week related to gardening, local foods, agriculture, sustainability, healthy eating, and Carrboro living.

Kids Seedling Day is additionally supported by the Carrboro Farmers' Market's Big Beef Sponsor, Laser Image Printing & Marketing.